



MESSAGE FROM PRESIDENT'S DESK



Dear Fellow Rotarians,

I feel proud to assume highest office of our newly born club and also addressing all of you through this bulletin of our club "Sunflower". In fact, we are blessed to have first issue of this year (2023-24) bulletin of our club which is a source of

information and knowledge about the Rotary around the world and within our club. I congratulate to members of bulletin committee for their wonderful job. The members of the club and other readers of this bulletin will certainly be benefited from its contents. Since, its inception in June 2023 Rotary Club of Activa Delhi has adopted MCD school at South Moti Bagh New Delhi for the benefit of children studying there.

Following Government of India slogan "Beti Bachao Beti Padhao" our club has identified and adopted an anathalaya "Maika". This anathalaya is run by a NGO which is engaged in looking after around 150 women aged between one year to fifty years abandoned by their families or they are orphan. Our club has organized the free medical camp at 'Maika' on 13th August in association with Orchid Hospital, Janak Puri, New Delhi.

We have further more plans to do such projects in months to come. We are planning to build big Check Dam in Ajmer in association with RI District 3053.

I also invite suggestions from members for any project they have in their mind to execute.

Congratulations to all of us on successfully launching of Chandrayaan-3 recently. ISRO has done a wonderful job and make India proud.

Arun Saxena
President

FORTHCOMING MEETINGS

- 1. Speaker Meeting** - Topic : Cyber Crime
Date & Time : 6th September 23, 5pm onwards
Venue : Marigold Hall, Vasant Vihar Club, New Delhi
- 2. Fellowship Dinner**
Date & Time : 20th September 23, 7:30 onwards
- 3. Project Meeting** : Mega Health Check up Camp
Date & Venue will be informed

RI PRESIDENT'S MESSAGE



Welcome to 2023-24 Rotary year!
Dear Rotary member,

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to Create Hope in the World.

You can start by telling people about what Rotary means to you. Share on your favorite social media platform and add text or a video about your Rotary experience as why you're proud to be a Rotary member.

Pushing polio eradication to the finish line. How can you take action? Learn more and donate at endpolio.org.

Prioritizing mental health.

How can you take action? Download the Prioritizing Mental Health brochure to learn how you and your club can support mental health. Also consider connecting with the Rotary Action Group on Mental Health Initiatives.

Fostering peace

How can you take action? Become a peacebuilder by getting involved in virtual exchanges or signing up for the Rotary Positive Peace Academy.
Creating a welcoming club experience.

How can you take action? Learn more about Rotary's diversity, equity, and inclusion efforts and how you can help create a club culture (My Rotary account required) where everyone belongs.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "Sense and Worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously as we Create Hope in the World.

R. Gordon R. McInally
RI President, 2023-24

SPEAKERS MEETING

A speaker Meeting of the Rotary Club Delhi Activa branch took place on August 9th, 2023. The theme point of the event was "Know Your Rotary". During this event, we were privileged to welcome Rtn. Ashish Ghosh, a former District Governor, as our esteemed Guest Speaker. He discussed how the Rotary concept evolved and took a shape of mass movement across the globe. He also discussed establishment, and impact of Rotary Clubs worldwide, with a special emphasis on their role and achievements in India.



HOUSEHOLD TIPS

1. While roasting brinjal for bartha rub cooking oil on it, this will prevent its juice from dripping and won't choke your burner too.
2. Broccoli goes yellow even in the fridge, So to avoid that, cut, blanch, drain, and cool nicely. It lasts longer this way. Add to your exotic soup and that exotic stir fry.
3. To store coriander longer, cut the roots, wrap in news paper. Put in a air tight container & store in fridge.
4. Store your lemons in a glass jar in the fridge, they will last longer.

CRACK POTS

1. What falls, but never needs a bandage? The rain.
2. I was going to tell you a joke about boxing but I forgot the punch line.
3. What month is the shortest of the year? May, it only has three letters.
4. My uncle named his dogs Timex and Rolex. They're his watch dogs.
5. What did the left eye say to the right eye? Between you and me, something smells.
6. How does an octopus go into battle? Well-armed.

BRAIN TEASERS

1. A doctor and a bus driver are both in love with the same woman, an attractive girl named Sarah. The bus driver had to go on a long bus trip that would last a week. Before he left, he gave Sarah seven apples. Why?
2. No matter how little or how much you use me, you change me every month. What am I?
3. The water level in a reservoir is low, but doubles every day. It takes 60 days to fill the reservoir. How long does it take for the reservoir to become half full the reservoir.

CLUB ASSEMBLY MEETING

President on his return from USA called for first Club Assembly to know about the views and aspirations of all Club members. Various projects were discussed and decided to move forward by involving the youth. It was decided to adopt MCD school and to start two Rotaract Clubs.



HEALTH CHECKUP CAMP

Event of the Month On Sunday, August 13th, Rotary Club Delhi Activa conducted a health checkup camp for 150 girl child and women from "Maika" NGO shelter home, Najafgarh Delhi. The event took place from 10am to 1pm, providing essential health checkup benefits to the abandoned girls.



Rotary

Rotary's Vision Statement

TOGETHER WE SEE A WORLD
WHERE **PEOPLE** UNITE AND TAKE ACTION
TO **CREATE** LASTING
CHANGE ACROSS THE GLOBE
IN OUR COMMUNITIES AND IN OURSELVES

ROTARY ARCHIVES

History and Meaning of Rotary Wheel

A wheel has been the symbol of Rotary since our earliest days. The first design was made (1905) by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion. The wheel was said to illustrate "Civilization, Movement and Service work in action." Most of the early clubs had some form of wagon wheel on their publications and letterheads.

In 1922, it was decided that all Rotary clubs should adopt a single design as the exclusive emblem of Rotarians. So, the present gear wheel, with 24 teeth and six spokes was adopted by the "Rotary International Association." The gear teeth around the outside represent the fact that work is to be done. The six spokes represent the inner direction and path of our Vocational Service, through the representation of our membership via the classification system. Similarly, these same spokes represent an outward distribution path of Rotary's ideals of service and the Four Way Test... going out toward the community, vocations and businesses that our members represent.

A group of engineers advised that the geared wheel was mechanically unsound and would not work without a "keyway" in the center of the gear to attach it to a power shaft. So, in 1923 the keyway was added to signify the wheel was a "worker and not an idler". The keyway in the center of the hub is of great significance, because it represents the individual Rotarian member, who is the key factor in every club. Quality members are the keys, needed for the hub to engage with the shaft and turn, putting the energy into motion and creating the power for the gears to do their work.

At the 1929 Rotary International Convention, it was determined that blue and gold would be the official colors of the organization, so the wheel was designed with these colors. The four blue bands within the outer radius of the gear represent our four avenues of service. And the design which we now know was formally adopted as the official Rotary International emblem.

The Rotary wheel is also referred to as "The Mark of Excellence".



Rotary District 3011 CREATE HOPE IN THE WORLD

www.rotary.org

AUGUST IS

MEMBERSHIP & EXTENSION MONTH

"The strength of the team is each individual member. The strength of each member is the team" Phil Jackson

Birthdays

Rtn. Durjoy Chakarvarty 09 July
 Rtn. Saheba Praveen 15 August
 Rtn. Jyoti Prakash Gadia 27 August
 R'Ann A Radha 11 August
 R'Ann Eva Sinha 16 August

ACTIVA BOARD

President	Rtn Arun Saxena
Secretary	Rtn Prabhjyot Kaur
President Elect	Rtn Ashok Aggarwal
Vice President	Rtn Vijay Maingi
Joint Secretary	Rtn Sunil Kumar
Treasurer	Rtn Baldev Chugh
Sergeant at Arms	Rtn Amit Jugia
Club Trainer	PDG Rtn Suresh Bhasin
Club Advisor	Rtn Parminder Chadha
Director, Club Service	Rtn AS Krishna
Director, Vocational Service	Rtn Pukhraj Chugh
Director, Community Service	Rtn Dr. Ravindra Singh
Director, International Service	Rtn Dev Vishwanath
Director, Youth Service	Rtn Gursharanjit Gandhi
Director, Projects	Rtn Neeru Khosla



The Four Way Test

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Marriage Anniversary

Vandana & Arun Saxena 06 July